



# Sun Protection

## Grange Primary School

Grange Primary School uses a combination of sun protection measures for all outdoor activities on and off-site **during terms 1, 3 and 4** (and in Term 2 if the UV rating is above 3). The UV rating is checked daily at school by teachers and students.

### Clothing

Sun protective clothing is included in our school uniform. The clothing is cool, loose fitting and made of closely woven fabric. It includes shirts with collars and elbow length sleeves, longer style dresses and shorts.

### Sunscreen

Students can provide their own SPF 30 or higher broad-spectrum, water-resistant sunscreen. The school supplies SPF 30 or higher broad-spectrum, water-resistant sunscreen for staff and students' use.

Strategies are in place to remind students to apply sunscreen before going outdoors (e.g. reminder notices, sunscreen monitors and buddies).

Families with children who have naturally very dark skin are encouraged to discuss their vitamin D requirements with their GP or pediatrician.

### Hats

All students and staff are required to wear hats that protect their face, neck and ears e.g. legionnaire, broad brimmed or bucket hats, whenever they are outside. Baseball or peak caps are not acceptable.

### Shade

Care is taken during the peak UV radiation times, and outdoor activities are scheduled outside of these times or in the shade where possible.

Students are encouraged to use available areas of shade when outside.

Students who do not have appropriate hats or clothing are asked to stay in the shade or a suitable area protected from the sun.

### Curriculum

Programs on skin cancer prevention are included in the curriculum for all year levels.

The information has been extracted from the [Cancer Council SA SunSmart policy](#) and in line with the expectations from the Department for Education.